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內文：

### 1. Introduction

- Mucosal melanoma of the oral cavity is a highly aggressive neoplasm.
- However, the other etiologies of intraoral pigmentation need to be considered by the clinician.
- We here describe the characteristics of melanoma of the oral mucosa and the so-called amalgam tattoos.
- A case vignette of amalgam tattoo mimicking the more dire diagnosis of mucosal melanoma is presented, and other causes of intraoral pigmentation are summarized.

### 2. Case Vignette

A 51-year-old woman was referred to the Department of Plastic Surgery on suspicion of mucosal melanoma.

- She was a heavy smoker but otherwise healthy, with no prior family or personal history of melanoma.
- The patient's dentist had noticed two dark discolorations in the gingiva from which the patient had no symptoms, though she suffered greatly from pain localised in the right side of the maxilla and mandible. (The pain was thought to originate from extensive prosthetic dental treatment during the last six months.)
- The bluish-grey discolorations of the mucosa were localized in the buccal mucosa opposite the third upper molar on the right side and the first upper molar on the left side as seen in clinical photographs (Figures 1 and 2).



Figure 1: Clinical photograph of the 3 × 5mm pigmented lesion of the left buccal mucosa mimicking mucosal melanoma.



Figure 2: Clinical photographs of the 2 × 2mm pigmented lesion of the right buccal mucosa. Histopathological examination was consistent with amalgam tattoo in both lesions (see Figure 1).

- No other suspect lesions or any enlarged lymph nodes were found, and the patient was treated with narrow excision of the elements under local anaesthesia.
- Histopathological examination of the specimens showed brownish-black pigment along the collagenous fibres and in the vascular sheaths.
- No melanocytes or naevus cells were found, and there was no positive reaction in melanin stains. (Both lesions were found to be consistent with amalgam tattoos. )
- No other macules were identified in the oral mucosa, and the patient needed no further treatment or follow-up.

### 3. Discussion

#### Mucosal melanoma

- Mucosal melanoma is very rare and reports are scarce, but it is considered one of the most aggressive malignancies known .
- The recorded incidence is up to 1 or 2% of all melanomas.

Melanoma is divided into the following types:

- Lentigo maligna
- Lentigo maligna melanoma
- Superficial spreading melanoma
- Acral lentiginous melanoma
- Mucosal melanoma
- Nodular melanoma
- Polypoid melanoma
- Desmoplastic melanoma
- Amelanotic melanoma
- Soft-tissue melanoma

- It is seen typically in the 4–7 decade and with no certain difference between sexes .
- It is more frequent in African and Asian populations compared to Caucasians.
- Clinical signs of mucosal melanoma of the oral cavity are usually dark brown, black, or bluish-greyish plaques with irregular pigmentation and an asymmetrical, irregular border. Swelling, ulceration, bleeding, pain/discomfort, and illfitting dentures are also common .
- Oral mucosal melanomas are typically of lentiginous or superficial type but may also be nodular. Most are localized to the maxillary mucosa and palate .



([http://anagen.ucdavis.edu/148/letters/mucosal\\_melanoma/2.jpg](http://anagen.ucdavis.edu/148/letters/mucosal_melanoma/2.jpg))

- Mucosal melanomas are often preceded by a pigmented premalignant lesion, but due to the location, they tend to be diagnosed late and metastatic disease is not uncommon at the time of diagnosis.
- Prognosis is uniformly described as poor and has been cited as below 15% five-year survival for oral mucosal melanoma. However, studies are small and cannot provide certain stage-specific survival rates due to the rarity of the disease.

#### amalgam tattoos

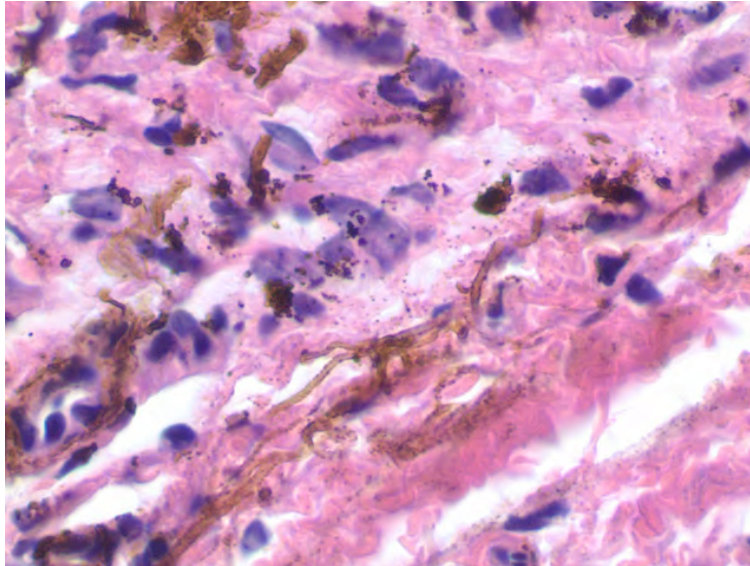
- By contrast, amalgam tattoos (formerly called localized argyria) is one of the most frequent causes of exogenous pigmentation in the oral mucosa and is not uncommon to present as two or more lesions, as seen in the present case.
- Amalgam tattoos are usually caused by amalgam splinters inadvertently implanted into the mucosa during dental restorations but may also be caused by diffusion through the teeth.
- Depending on the depth in the tissue, the deposits of amalgam in the mucosa may be visible and present macroscopically as a localised pigmented area. (grey, blue, or black)
- Their appearance can be difficult to discern from other pigmented elements of the oral mucosa including mucosal melanoma.

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## Histology

### Amalgam tattoos

- amalgam are seen as granules along blood vessels and collagen fibres or as solid fragments in the tissue. There may be an associated foreign-body reaction.



amalgam tattoo

(<http://www.flickr.com/photos/ddkri/5106399748/>)

- Amalgam tattoos are harmless and asymptomatic.
- They can be safely diagnosed by the finding of radio-opaque granules on X-ray( but large particles of amalgam must be present in order for this method to be useful)
- Many endogenous and exogenous conditions can cause pigmentation of the oral mucosa
- Pigmented lesions of the mucosa should always be biopsied if the diagnosis is uncertain.

TABLE 1: Causes of intraoral pigmentation.

Endogenous	Exogenous
<i>Hereditary or congenital</i>	<i>Medication and toxicity related</i>
Physiologic pigmentation (skin type 5-6)	Antimicrobial agents
Peutz-Jeghers syndrome	Antiarrhythmic agents
Laugier-Hunziker syndrome	Oral contraceptives
	Cytostatics
<i>Systemic or infectious</i>	Smokers melanosis
Addison's disease	
Petechiae, varices, or thrombus	<i>Traumatic</i>
	Haematoma
<i>Neoplastic or melanin related</i>	Postinflammatory pigmentation
Naevi	Oral melanoacanthosis
Pigmented maculae	
Mucosal melanoma	<i>Other exogenous pigmentations</i>
Kaposi's sarcoma	Amalgam tattoos
Haemangioma	Accidental graphite tattoos
	Tribal tattoos

4. Conclusion

- As amalgam fillings still are ubiquitous and amalgam tattoos remain one of the most common causes of intraoral pigmentation, we consider amalgam tattoos to be an important differential diagnostic consideration, when assessing patients suspect for mucosal melanoma of the oral cavity.
- Information regarding previous prosthetic dental work should be included in the patient's medical history, and an X-ray showing metal deposits in the mucosa can safely rule out mucosal melanoma.
- when in doubt, we recommend a diagnostic biopsy for histopathological examination.

題號	題目
1	According to Clark's classification in cutaneous melanoma (Clark's definition of level of tumor invasion) which of the following belongs to level V ? (A) Cell confined to epithelium (B) Cell penetrating papillary dermis (C) Cell extending into reticular dermis (D) Cell invading subcutaneous fat
答案(D)	出處：Oral and maxillofacial pathology, 3 <sup>rd</sup> edition, p437
題號	題目
2	Melanomas tend to exhibit what kind of direction pattern(s) of growth? (A) The radial growth phase (B) The vertical growth phase (C) The horizontal growth phase (D) A+B
答案(D)	出處：Oral and maxillofacial pathology, 3 <sup>rd</sup> edition, p434