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ABSTRACT

A pathologic fracture may be an acute event or a chronic long-standing ill-defined problem, and the causes are numerous. The dental practitioner may be the first health care practitioner to see a patient with a pathologic fracture of the jaw. This case report is intended to inform dental practitioners about pathologic fractures and the need for prompt referral to minimize patient suffering.

- A pathologic fracture may occur when a <u>bone has been weakened by an</u> <u>underlying pathologic process</u>, even when it is subjected to otherwise normally tolerated loading forces
- Although such fractures may occur in any bone, <u>their most common</u> location in the orofacial skeleton is the mandible.
- Weakening of the jaw may be congenital or acquired.

Congenital

Hypodevelopment of portions of the jaws or entire jaws

Osteogenesis imperfecta

Acquired

Osteoporosis Extreme maxillary and mandibular atrophy Long-standing edentulism Presence or removal of severely impacted or ectopic teeth

Placement of dental implant in severely atrophic jaws Osteoradionecrosis of the jaws

Osteomyelitis

Bisphosphonate-related osteonecrosis of the jaws

Destructive lesions

Large cystic lesions Benign tumours Malignant tumours Metastatic tumours

The purpose of this case report is to describe <u>the presentation of a</u> <u>pathologic fracture of the mandible</u> and review <u>the features and</u>

management of pathologic fractures that dentists may encounter.

CASE REPORT

Age: 66 y/o

Gender : Female

C.C.: <u>A 4-month history of swelling in her left cheek.</u>

P.I. : The patient had noticed a <u>clicking</u> in her left mandible when she moved her jaw and a <u>deviation</u> of the chin to the right side. She also reported <u>numbness of the lower lip</u> and <u>difficulty chewing</u>.

Clinical examination : a <u>hard</u>, <u>tender</u>, <u>fixed</u> swelling of the left mandible extending <u>from the ramus to the submandibular area</u> and completely obliterating the mandibular anatomy. Significant <u>expansion of the left mandible</u> <u>in the buccolingual direction</u> and <u>unusual mobility</u> of the mandible when pressure was applied to the ramus. <u>A palpable left thyroid nodule</u> was present, but <u>no lymphadenopathy</u> was found.

Radiologic investigation (orthopantomogram) : a destructive radiolucent lesion on the mandible, extending from the left first premolar anteriorly to the ramus and a pathologic fracture of the mandible.



Figure 1: Preoperative orthopantomogram showing large lytic lesion of the left mandibular body and ramus with pathologic fracture through the inferior border. Note overriding of the edges of the inferior border of the mandible.

Incisional biopsy : Tissue <u>from the left mandible</u> contained <u>thyroid follicles</u> lined with cuboidal cells with round to oval nuclei and moderate amounts of cytoplasm. Most of the follicles contained intraluminal colloid, which was <u>thyroglobulin (DAK-Tg6) positive</u>.

Metastatic work-up : <u>computed tomography</u> of the head and neck, which showed a <u>large destructive lesion</u> in the left mandible associated with <u>a large</u> <u>soft tissue mass measuring 4.6 x 4.2 x 4 cm</u>. Injection of <u>contrast dye</u> greatly enhanced the image and indicated a <u>hypervascular lesion</u>.

Multiple small lymph nodes were present in the neck. <u>A large</u> <u>heterogeneous mass (3.4 ×4.7 cm) involving the left lobe of the thyroid gland</u> had caused <u>displacement of the trachea</u>.

Recommended treatment : total thyroidectomy, lateral neck dissection and resection of the mandibular lesion.



Figure 2: Intraoperative photograph of large metastatic tumour of left mandible at the time of resection.

A segmental mandibulectomy was performed and a 2.7-mm <u>reconstruction</u> <u>plate</u> was used to <u>span the gap</u> after resection and <u>provide the rigidity</u> needed to allow the patient mandibular mobility and function without pain.



Figure 3: Postoperative orthopantomogram following resection of the left mandibular tumour. A reconstruction plate has been applied to restore jaw rigidity necessary for pain-free movement and mastication.

DISCUSSION

- Pathologic fractures of the jaw may lead to <u>severe pain</u> and suffering, <u>inability to eat</u> and <u>difficulty in swallowing</u>.
- Symptomatic pathologic fractures require active treatment to <u>re-establish</u> the rigidity of the jaw and permit pain-free movement and mastication.
- Patients with suspected pathologic fractures of the jaw should be <u>examined clinically and radiographically</u>, then <u>referred for prompt</u> <u>evaluation by specialists</u>, such as oral and maxillofacial surgeons.
- Follicular carcinoma of the thyroid accounts for 17% of all thyroid malignancies. It is most common in women between the ages of 22 and 50 years.
- The presenting symptom is <u>a long-lasting neck lump</u> that may be noted by the dental practitioner during head and neck examination.
- Follicular thyroid carcinoma metastasizes through the <u>hematologic route</u> to the lungs, bone, liver and brain. Lymphatic spread occurs rarely. In this case, a <u>metastatic follicular carcinoma</u> of the thyroid was an <u>unusual</u> <u>cause</u> of a pathologic fracture of the mandible.

- The true <u>incidence</u> of metastatic tumors in the bones of the jaw is <u>unknown</u>.
- Involvement of the jaw in metastasis appears to be less common than that of other bones, as the amount of red bone marrow and blood vessels in the jaw bones tends to decrease with age.
- Most (60%-80%) metastasis involving jaw bones occurs in the <u>mandible</u>, mainly in the <u>molar and premolar areas</u>, when compared to other bones of the facial skeleton. This is thought to be due to the greater presence of <u>hematopoietic tissue</u> in the mandible. Because the mode of metastasis is hematogenous, the neoplastic cells become deposited in areas where there is vascular tissue.
- Metastatic tumours are most common in the <u>fifth to seventh decades</u> of life. The most common origins of metastasis vary with gender: <u>breast</u>, <u>ovary and thyroid in female</u> patients and <u>lung</u>, <u>prostate</u>, <u>kidney and liver in</u> <u>men</u>.
- The <u>lung</u> is the most common origin of metastasis into oral soft tissues, whereas the <u>breast</u> is the most common origin of metastatic tumours in the jaw bones.
- Metastatic tumours in the jaw present with pain, <u>swelling</u>, <u>mobility of teeth</u>, <u>delay in healing of extraction sockets</u>, <u>pathologic fractures</u> or <u>paresthesia</u>.
- Radiographically, metastatic lesions are most often <u>ill-defined</u> and are usually <u>osteolytic</u> or <u>radiolucent</u>, although they may be osteoblastic, radiopaque mixed lesions.
- The lack of large numbers of patients with mandibular metastasis prevents accurate determination of the prognosis associated with the treatment described above.
- Some evidence indicates that <u>resection of solitary bony metastasis</u>, along with <u>total thyroidectomy</u>, may <u>increase</u> survival among those with follicular thyroid carcinoma.
- Treatment of the pathologic fracture in the case described in this report rendered the patient symptom-free and restored her quality of life to the prefracture level.

題號	題目	
1	Most (60%–80%) metastasis involving jaw bones occurs in the mandible ; then whereis the next common site?	
	(A) Ant. Hard palate	
	(B) Maxillary sinus	
	(C) Mandibular condyle	
	(D) Root apex	
答案(B)	出處:Oral Radiology Principles and Interpretation p.467	
題號	題目	
2	Which is not clinical features of metastatic disease?	
	(A) Dental pain	
	(B) Numbness of the 1 st branch of trigeminal nerve.	
	(C) Hemorrhage from the tumor site	
	(D) Pathologic fracture of the jaw	
答案(B)	出處:Oral Radiology Principles and Interpretation p.467	